

HSRC Continuum of Care

(Note: HSRC is a contracted CalAIM provider.)

Most active & independent participants										Least active & most dependent participants	
Administration & Senior News		Community Resources Assistance	Redwood Coast Village	Activities Program	Nutrition Program: Heritage Cafés	Nutrition Program: Meals on Wheels Redwood Coast	HSRC Behavioral Health	Adult Day Health & Alzheimer's Services	MSSP (Multipurpose Senior Services Program)	Redwood Coast PACE	
Program / Service Overview	Administration functions include Communications & Marketing, Finance, Human Resources and Operations/ Facilities. Senior News is a monthly community newspaper focusing on stories, news and resources for those "age 50 and better."		The Community Resources Specialist helps connect community members with resources they need, whether at HSRC or at another community organization.	Redwood Coast Village is a membership program that helps members be independent with the help of volunteer-provided services. A range of services and activities are offered including rides, light help around the house, safety repairs, social connections, and more.	Activities provides information, education, and recreation. Services include the "My Safety Call" telephone reassurance program, PETS (Paws, Ears, Tails and Smiles), flu shots, tax assistance, commodity food distribution, and more. Classes and groups promote healthy aging.	The Nutrition Program provides nutritious meals at Heritage Café locations in Arcata, Eureka, and Fortuna and Mobile Heritage Café locations in McKinleyville, Rio Dell and Willow Creek. The program offers "more than just a meal" — diners also enjoy opportunities for friendship, socialization, and fun.	Meals on Wheels Redwood Coast provides meals to homebound older adults. The program's drivers also check on the wellness of the recipients on their routes. For some participants, the delivery driver is the only contact they may have that day or even that week.	HSRC Behavioral Health provides a holistic approach to wellness, focusing on how social, emotional and physical domains interact with factors such as family, health care and housing to affect an individual's overall well-being.	Adult Day Health serves those who have chronic conditions and disabilities, providing nursing, therapies, activities, social services, lunch, and rides to and from the Center. Alzheimer's Services provides support for families and caregivers and hosts monthly Memory Cafés in Eureka & Fortuna.	MSSP is a care management program for adults age 60 and older on Medi-Cal and who are at risk of placement in a skilled nursing facility. MSSP helps arrange services that will enable clients to remain in their own homes for as long as possible.	Redwood Coast PACE is a health plan for qualified older adults who have chronic conditions or disabilities. PACE provides comprehensive health care and support services to help participants stay as healthy and independent as possible, optimally in their own homes and community.
	n/a		All community members and anyone needing assistance with local resources	Age 50 and older living in areas where volunteers are willing to serve.	No age or financial requirements for most activities and services.	Suggested contribution of \$3.50 for those 60+ (but not denied if unable to pay). No income threshold. If under 60, \$12 per meal.	60+. Must be homebound and unable to shop or cook for themselves. No income threshold.	Humboldt County residents 50+. No income threshold. Medicare, various insurance plans, and private pay all accepted.	ADH: 18+. No income threshold. No cost if Medi-Cal, VA, or Regional Center client. Private pay also accepted. No fee for Alz services.	60+. Must be on Medi-Cal with eligible aid code. No cost to participant.	55+. No income threshold. Cost to participant based on Medicare & Medi-Cal eligibility. No cost to participant if Medi/Medi.
	n/a		n/a	Within Humboldt County	n/a	n/a	Arcata, Eureka, Fortuna & McKinleyville	Within Humboldt County	Trinidad to Scotia, inland to Blue Lake and Carlotta	Within Humboldt County	Trinidad to Scotia, inland to Blue Lake and Carlotta
Area											

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**Humboldt Senior
Resource Center**

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Fortuna Adult Day Health & Redwood Coast PACE Center, 3200 Newburg Road, Fortuna CA 95540
Arcata Redwood Coast PACE Center, 3798 Janes Road, Arcata CA 95521