

# HSRC's 50th Anniversary

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2014

2016

2018

2020

2022

2024

Redwood Coast PACE opens in Eureka as the first rural PACE program in California



Community support was key to the development of Redwood Coast PACE

Alzheimer's Services launches the Lessons in Dementia educational series

**Lessons in Dementia**  
An educational series from the Humboldt Senior Resource Center's Adult Day Health & Alzheimer's Services program

Dementia and Research  
Presented by Dr. Jennifer Heidmann, Medical Director, Redwood Coast PACE, Humboldt Senior Resource Center

Description  
In this workshop, Dr. Heidmann will review the science and current understanding of dementia, approaches to diagnosis and treatment, and will explore the future of dementia care research.

About the Speaker  
Dr. Jennifer Heidmann is the medical director and a primary care physician at Redwood Coast PACE. She is a graduate of the University of Wisconsin, Madison School of Medicine and Public Health, and completed her residency in internal medicine at the University of California, San Francisco. She has practiced in the Humboldt community for over 20 years, including as a hospitalist and hospice physician.

She has special interest in geriatrics, palliative and end-of-life care, as well as decreasing inequalities in health care. She serves on the National PACE Association's rural ethics and political advocacy committees. She also completed a fellowship in contemplative medicine through the New York Zen Center for Contemplative Care.

To register:  
Zoom Registration Link  
Call 707-443-9747 ext. 2217  
Email [odhs@humsenior.org](mailto:odhs@humsenior.org)



Groundbreaking takes place for the new HSRC center in Fortuna



To accommodate program growth, HSRC purchases 16 W. Sonoma to be used as staff offices



Executive Director Joyce Hayes retires and CEO Melissa Hooven joins HSRC



HSRC adapts programming in the face of pandemic restrictions to continue providing healthcare, nutrition and social services to participants



Senior News turns 40 years old



Behavioral Health Services begins serving patients



MSSP service area expands to all of Humboldt County



PETS program begins. (Paws, Ears, Tails and Smiles)



**MEALS ON WHEELS**  
REDWOOD COAST

Home Delivered Meals program becomes Meals on Wheels Redwood Coast

Heritage Café pop-up meal pick-ups launched in McKinleyville and Rio Dell



Heritage Cafés open  
**Heritage Café**  
HSRC Nutrition & Activities Program

Activities Program launches the My Safety Call telephone reassurance program



**REDWOOD COAST VILLAGE**  
HSRC

Redwood Coast Village joins the HSRC family of programs

Redwood Coast PACE marks its 10th Anniversary and reaches 300-participant milestone

Redwood Coast PACE  
Program of All-inclusive Care for the Elderly

HSRC celebrates its 50th Anniversary

**50** YEARS OF HSRC  
SUPPORTING HEALTHY AGING SINCE 1974  
Humboldt Senior Resource Center

The Walk to End Alzheimer's returns to Humboldt County, co-sponsored by HSRC



HSRC's Fortuna Adult Day Health & Redwood Coast PACE Center opens

